

# Baked Salmon with Lemon

*Mediterranean*

*Simple baked salmon with olive oil and lemon.*

## Ingredients:

- \* 1 lb Salmon fillet
- \* 1 tbsp Olive oil
- \* 1 Lemon (Sliced)
- \* Salt (To taste)
- \* Black pepper (To taste)



## Instructions:

1. Preheat oven to 400°F.
2. Place salmon on a lined baking sheet. Drizzle with olive oil and season lightly.
3. Bake until salmon flakes easily and is opaque in the thickest part.

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Servings: 2 | Serving size: 1 salmon portion | Calories: 540 | Protein: 46g